

THE GUIDANCE TIMES

AN UPDATE FROM THE DIVISION AVENUE HIGH SCHOOL GUIDANCE DEPARTMENT

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December 2019

VISIT US ON THE WEB AT WWW.LEVITTOWNSCHOOLS.COM

Important Testing Dates

Upcoming
SAT, ACT, AP Dates

March 14
SAT I/SAT II
(DAHS is NOT a test site)

April 4
ACT (DAHS is NOT a test site)

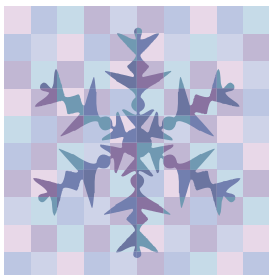
May 2
SAT I/SAT II @ DAHS

May 4 – May 15
AP Exams @ DAHS

June 6
SAT I/SAT II @ DAHS

June 13
ACT (DAHS is NOT a test site)

Visit www.collegeboard.org or www.act.org for more information.



HAPPY HOLIDAYS DIVISION!!!

Scheduling Information

The first phase of the scheduling process for the upcoming 2020-2021 school year will begin in the coming weeks. Counselors will present scheduling information and give an overview of graduation requirements. Please review and discuss course offerings with your child so that scheduling is a result of informed and thoughtful decisions. The updated Levittown District Course Catalog is available on the Division Avenue webpage for students and parents to review course options for the 2020-2021 school year.

Current 9th and 10th graders:

Counselors will visit the 9th grade and 10th grade Social Studies classes on Monday, December 16th and Tuesday, December 17th. **The PowerSchool Scheduling Portal will be open from Monday, December 16th through Friday, January 10th.** The counselors will meet with 9th and 10th grade students to review their choices in January.

Current 11th graders:

Counselors will visit 11th grade Social Studies classes on Wednesday, December 18th and Thursday, December 19th. Students will then meet with their counselor the week of January 6th for a scheduling conference to select courses for the 2020-2021 school year. (Please keep an ear out for Junior Conferences)

You will be able to view your child's course requests for the 2020-21 school year on the parent portal beginning Friday, February 7, 2020. Please note that any changes to course requests must be made **no later than Friday, February 14, 2020.** Staffing for 2020-21 is based on student course requests. Therefore, any change requests after this date will not be accommodated.

Need to talk over the holiday break or know someone who does?
Call Long Island Crisis Center 516-679-1111 24-hour hotline. Also visit on the web - longislandcrisiscenter.org



Method Test Prep is currently not accepting registration for prep classes at Division Avenue High School. However, they are offering classes at the following schools that you can attend:

Elmont -Floral Park -North Shore -Oyster Bay -Plainedge -Plainview-Old Bethpage JFK
Roslyn -Herricks/East Williston -Seaford -Sewanhaka

For more information, check the website for further information:

<https://www.methodtestprep.com/school/division/>

Contact Kevin Dennis at kdennis@methodtestprep.com or 516-597-4997 if you have any questions.

SENIORS

College Acceptance and Scholarship Letters are going to start coming in! Don't forget to give copies to your counselor. We may use some of the scholarship information for the Senior Awards and/or Graduation programs.

How to deal with stress: Here are some free Apps



1. Stop, Breathe & Think
2. Calm
3. 1000 Guided Meditations
4. Relax Melodies: Sleep Sounds
5. Headspace: Meditation

Your Time-Management Personality

There are four basic Time-Management Personality Types: **The Early Bird, The Balancing Act, The Pressure Cooker & The Improviser**. You will learn how vital it is to effectively manage your time throughout life. Identifying your time management style can help you prepare and successfully prioritize your responsibilities.

The Second Personality Type – The Balancing Act

Traits: You really know what you're capable of and are ready to do what it takes to get the most out of your classes. Maybe you're naturally gifted in this way or maybe it's a skill that you have developed over time; in any case, you should have the basic organizational skills to succeed in any class, as long as you keep your balance.

Strengths: Your strength really lies in your ability to be well rounded. You may not always complete assignments perfectly every time, but you are remarkably consistent and usually manage to do very well in classes.

Challenges: Because you're so consistent, sometimes you can get in a bit of a rut and begin to coast in class, rather than really challenging yourself.

Tips for Success: Instead of simply doing what works, use each class as an opportunity for growth by engaging thoughtfully with the material and constantly pushing the boundaries of your own expectations for yourself.



MAKE 2020 YOUR YEAR!